



2018 Quad City Strength & Fitness Expo

www.qcstrongman.org

July 7, 2018

8 am to 6 pm

Quad City Strongman on Facebook

Great Hall, Davenport RiverCenter

Davenport, IA

2018 Iowa's Strongest Man

Summer Showdown Fitness Challenge by 1031 Fitness

USPA Power Lifting Competition by 22nd Street Barbell

NGA PRO/AM Rumble on the River Bodybuilding Championships

****Final NGA judging will require separate ticket in the evening****

Expo Admission
\$10

Special Features

Quad City Strength Stage Demos Featuring Special Guest lifters

Highland Games Demonstration

Health, Wellness, Apparel & Nutritional Vendors

Youth Admission
\$5
10 & under FREE

