



2017 Quad City Strength & Fitness Expo

www.qcstrongman.org

July 22, 2017

8 am to 7 pm

Quad City Strongman on Facebook

Great Hall, Davenport RiverCenter

Davenport, IA

2017 Iowa's Strongest Man

Summer Showdown Fitness Challenge by 1031 Fitness

USPA Power Lifting Competition by 22nd Street Barbell

Arm Wrestling

Grip Strength Demonstration

Highland Games Demonstration

Health, Wellness & Nutritional Information

Special Features

Guns & Hoses 2017

Police – Fire – Military Tactical Challenge

Quad City Strength Stage Demos :Featuring

Bryan Benzel

Spenser Remick

Ken McClelland

Aaron Nance

Laken Flugel

Expo Admission
\$10

Youth Admission
\$5
10 & under FREE

